

# The Heart Sutra

*Sunday, April 29, 10:00-4:00*

(Gather at 9:45)



**A Day Retreat** with  
meditation,  
presentations, discussion  
& opportunities for  
creative interpretation.

*led by Viradhamma  
from San Francisco*

The Heart Sutra contains some of the most important and inspiring Buddhist teachings, and eloquently describes a path towards “wisdom beyond wisdom”—the experience of Awakening.

Suggested donation: \$40, everyone is welcome, regardless of ability to pay.  
Vegetarian potluck lunch: Please bring something to share or your own food if you prefer

Seattle Buddhist Center  
[info@seattlebuddhistcenter.org](mailto:info@seattlebuddhistcenter.org)